





手指消毒マニュアル

手指消毒手册 Hand Sanitization Manual



手指消毒剤を手に取る 按1下于手中 Press the dispenser.



指先にすり込む 涂抹指尖 Rub the sanitizer between your fingertips.



手のひらにすり込む 涂抹手心 Rub it between your palms.



手の甲にもすり込む 涂抹手背 Rub in over the back of your hands.



指の間にもすり込む 涂抹指缝



親指にもすり込む 涂抹大拇指 Rub it between your fingers. Rub it between your thumbs. Rub it over your wrists.



手首にもすり込む 涂抹手腕